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HealthSaver 2007 Caffeinated Cities Survey

Atlanta

- **FIFTH MOST CAFFEINATED** — Atlanta ranked as the fifth most caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. The top 10 most/least caffeinated cities of 2007 are:

Most Caffeinated Cities:

1. Chicago
2. Tampa
3. Miami
4. Phoenix
5. Atlanta

Least Caffeinated Cities:

1. San Francisco
2. Philadelphia
3. New York
4. Detroit
5. Baltimore

- **CHOCOLATE/SWEETS CONSUMPTION** – Atlanta respondents are the second most likely to report consuming chocolate or sweets containing chocolate (increasing their caffeine intake). Chicago ranked No. 1.
- **CAFFEINATED SOFT DRINK CONSUMPTION** – Respondents in Atlanta ranked as the fourth most likely to consume caffeinated soft drinks daily, while Chicago came in at No. 1. When asked which caffeine source would be most difficult to give up, people in Atlanta were the third most likely to say they cannot give up caffeinated sodas.
- **CAFFEINATED TEA CONSUMPTION** – Atlanta residents surveyed ranked No. 5 when it comes to consuming the most caffeinated tea daily. Miami came in at No.1 for caffeinated tea consumption.
- **CAFFEINATED COFFEE CONSUMPTION** – When it comes to caffeinated coffee, Atlanta respondents ranked as the third least likely city to drink it daily.