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HealthSaver 2007 Caffeinated Cities Survey

Chicago

- **MOST CAFFEINATED** — Chicago ranked as the most caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. The top 10 most/least caffeinated cities of 2007 are:

Most Caffeinated Cities:

1. Chicago
2. Tampa
3. Miami
4. Phoenix
5. Atlanta

Least Caffeinated Cities:

1. San Francisco
2. Philadelphia
3. New York
4. Detroit
5. Baltimore

- **CAFFEINATED SOFT DRINK CONSUMPTION** – Respondents in Chicago ranked No. 1 in daily caffeinated soft drink consumption. Philadelphia residents surveyed were the least likely to report drinking sodas daily.
- **CHOCOLATE/SWEETS CONSUMPTION** – Chicagoans are the most likely to report consuming chocolate or sweets containing chocolate (increasing their caffeine intake daily). Los Angeles residents surveyed were the least likely to report chocolate consumption.
- **ENERGY DRINK CONSUMPTION** – Chicagoans ranked as the third most likely to report drinking energy drinks daily.
- **CAFFEINATED COFFEE CONSUMPTION** – When it comes to caffeinated coffee, Chicagoans ranked as the fourth most likely city to drink it daily. Seattle was No. 1 in caffeinated coffee consumption.
- **IS CAFFEINE GOOD OR BAD FOR YOU?** People in Chicago were the second most likely to say they think caffeine is good for you, behind Seattle, which ranked No. 1.