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HealthSaver 2007 Caffeinated Cities Survey

Philadelphia

- **SECOND LEAST CAFFEINATED** — Philadelphia ranked as the second least caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. The top 10 most/least caffeinated cities of 2007 are:

Most Caffeinated Cities:

1. Chicago
2. Tampa
3. Miami
4. Phoenix
5. Atlanta

Least Caffeinated Cities:

1. San Francisco
2. Philadelphia
3. New York
4. Detroit
5. Baltimore

- **CAFFEINATED SOFT DRINK CONSUMPTION** – Philadelphia respondents are the least likely city to report drinking caffeinated soft drinks daily, while Chicagoans are most likely.
- **ENERGY DRINK CONSUMPTION** – Philadelphians ranked as the least likely to report drinking energy drinks daily. Riverside/San Bernardino residents surveyed are most likely to consume energy drinks daily.
- **CAFFEINE PILLS** – Respondents in Philadelphia are the third least likely to report taking caffeine pills, compared to Miami, which was ranked No. 1.
- **CAFFEINE ADDICTED** – Philadelphians are second most likely to say they do not feel they are addicted to caffeine. Boston is No. 1, with residents surveyed saying they feel they are most addicted to caffeine.
- **IDEAL WEIGHT PERCEPTION** – Ranked at No. 3, Philadelphia residents surveyed believe they are not at their ideal weight nor as fit as they should be. Washington, D.C, residents ranked No. 1 as saying they are fit and at their ideal weight.