



www.healthsaver.com

Contact:

Todd Smith, 615.764.2598 (O), 615.202.7944 (M)
Andrea Lindsley, 615.780.3315 (O), 615.415.8886 (M)

HealthSaver 2008 Caffeinated Cities Survey

Atlanta

- **SECOND LEAST CAFFEINATED** — Ranked 2007's fifth most caffeinated city, Atlanta now ranks as the second *least* caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. The top 10 most/least caffeinated cities of 2008 are:

Most Caffeinated Cities:

1. Tampa
2. Seattle
3. Chicago
4. New York
5. Los Angeles

Least Caffeinated Cities:

1. Riverside/San Bernardino
2. Atlanta
3. San Diego
4. Minneapolis/St. Paul
5. Dallas

- **CHOCOLATE/SWEETS CONSUMPTION** – Atlanta respondents are the least likely to report consuming chocolate or sweets containing chocolate daily (increasing their caffeine intake). In comparison, Atlanta ranked No. 2 for *most* likely in 2007.
- **PAIN RELIEVERS WITH CAFFEINE** – Atlanta respondents are the third least likely city to consume pain relievers with caffeine. Residents in Washington, D.C., are the least likely while Tampa residents surveyed are most likely.
- **CAFFEINATED TEA CONSUMPTION** – For the second year in a row, Atlanta residents surveyed ranked No. 5 when it comes to consuming the most caffeinated tea daily. New York ranked No. 1.
- **ENERGY DRINK CONSUMPTION** – Respondents in Atlanta are the most likely to report drinking energy drinks daily. Baltimore and Houston are tied for least likely.