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## HealthSaver 2008 Caffeinated Cities Survey

### Baltimore

- **SIXTH MOST CAFFEINATED** — Baltimore ranked as the sixth most caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. In 2007, Baltimore ranked as the fifth *least* caffeinated city. The top 10 most/least caffeinated cities of 2008 are:

#### **Most Caffeinated Cities:**

1. Tampa
2. Seattle
3. Chicago
4. New York
5. Los Angeles

#### **Least Caffeinated Cities:**

1. Riverside/San Bernardino
2. Atlanta
3. San Diego
4. Minneapolis/St. Paul
5. Dallas

- **CAFFEINATED TEA CONSUMPTION** – Respondents in Baltimore are the third most likely to consume caffeinated tea daily. New York is No. 1.
- **CAFFEINE PILLS** – In 2007, fewer residents in Baltimore admitted taking caffeine pills daily than any other city surveyed. In this survey, Baltimore moved up to sixth least likely.
- **ENERGY DRINK CONSUMPTION** – Respondents in Baltimore, tied with Dallas, are the least likely to report drinking energy drinks daily. Respondents in Atlanta are most likely.