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HealthSaver 2008 Caffeinated Cities Survey

Chicago

- **THIRD MOST CAFFEINATED** — Compared to 2007's No. 1 ranking, Chicago now ranks as the third most caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. The top 10 most/least caffeinated cities of 2008 are:

Most Caffeinated Cities:

1. Tampa
2. Seattle
3. Chicago
4. New York
5. Los Angeles

Least Caffeinated Cities:

1. Riverside/San Bernardino
2. Atlanta
3. San Diego
4. Minneapolis/St. Paul
5. Dallas

- **CAFFEINATED SOFT DRINK CONSUMPTION** – Respondents in Chicago ranked No. 4 in daily caffeinated soft drink consumption, compared to 2007's No. 1 ranking. Houston now holds the No. 1 ranking.
- **CHOCOLATE/SWEETS CONSUMPTION** – Chicagoans are the third most likely to report consuming chocolate or sweets containing chocolate daily (increasing their caffeine intake). In 2007, Chicago ranked No. 1. In the new survey, Seattle is most likely and Atlanta is the least likely.
- **CAFFEINE PILLS** – Ranking No. 1, respondents in Chicago say they are most likely to take caffeine pills every day, compared to 2007's No. 14 ranking.
- **CAFFEINE ADDICTED** – Tied with Tampa at No. 1, more people in Chicago say they feel they are *not* addicted to caffeine than respondents in any of the cities surveyed.