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HealthSaver 2008 Caffeinated Cities Survey

Detroit

- **EIGHTH LEAST CAFFEINATED** — Detroit ranked as the eighth least caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. That compares to 2007's ranking of fourth least caffeinated. The top 10 most/least caffeinated cities of 2008 are:

Most Caffeinated Cities:

1. Tampa
2. Seattle
3. Chicago
4. New York
5. Los Angeles

Least Caffeinated Cities:

1. Riverside/San Bernardino
2. Atlanta
3. San Diego
4. Minneapolis/St. Paul
5. Dallas

- **CHOCOLATE/SWEETS CONSUMPTION** – Up from No. 12, Detroit respondents are the fourth most likely to report consuming chocolate or sweets containing chocolate daily (increasing their caffeine intake). Seattle is No. 1, and Atlanta is the least likely.
- **CAFFEINATED TEA CONSUMPTION** – Detroit residents ranked as the fourth least likely to report drinking caffeinated tea daily. New York respondents were the most likely to report drinking tea every day.
- **IS CAFFEINE GOOD OR BAD FOR YOU?** – People surveyed in Detroit were the most likely to say they think caffeine is bad for you. New York ranked No. 1 in saying it is good for you.