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HealthSaver 2008 Caffeinated Cities Survey

Miami

- **SEVENTH MOST CAFFEINATED** — Miami ranked as the seventh most caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. In 2007, Miami ranked No. 3. The top 10 most/least caffeinated cities of 2008 are:

Most Caffeinated Cities:

1. Tampa
2. Seattle
3. Chicago
4. New York
5. Los Angeles

Least Caffeinated Cities:

1. Riverside/San Bernardino
2. Atlanta
3. San Diego
4. Minneapolis/St. Paul
5. Dallas

- **CAFFEINATED COFFEE CONSUMPTION** – 2007's No. 5, Miami residents were the second most likely to report drinking caffeinated coffee daily. Seattle ranked No. 1.
- **CAFFEINATED TEA CONSUMPTION** – In 2007, Miami respondents ranked as the most likely to consume caffeinated tea daily; In 2008, that ranking dropped to the second *least* likely to consume caffeinated tea daily.
- **PAIN RELIEVERS WITH CAFFEINE** – Usage of pain relievers containing caffeine has dropped dramatically in Miami, according to the survey. In 2007, Miami residents surveyed were the third most likely to consume pain relievers containing caffeine. In 2008, they're the fourth *least* likely.
- **CAFFEINE PILLS** – Caffeine pill usage is also down in Miami, with the city ranking No. 9 on the list of most likely to report taking caffeine pills, compared to last year's ranking of No. 1 on the same list.