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## HealthSaver 2008 Caffeinated Cities Survey

### Tampa

- **MOST CAFFEINATED** — 2007's No. 2 ranked Tampa is this year's most caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. The top 10 most/least caffeinated cities of 2008 are:

#### **Most Caffeinated Cities:**

1. Tampa
2. Seattle
3. Chicago
4. New York
5. Los Angeles

#### **Least Caffeinated Cities:**

1. Riverside/San Bernardino
2. Atlanta
3. San Diego
4. Minneapolis/St. Paul
5. Dallas

- **CAFFEINATED TEA CONSUMPTION** – For the second consecutive year, Tampa residents are the second most likely to consume caffeinated tea daily, falling only behind New York. Minneapolis/St. Paul is the least likely.
- **PAIN RELIEVERS WITH CAFFEINE** – Tampa residents surveyed took the No. 1 spot, up from No. 2 in 2007, as most likely to take pain relievers that contain caffeine. Washington, D.C., is least likely to report this.
- **ENERGY DRINK CONSUMPTION** – Respondents in Tampa are the third most likely to report drinking energy drinks daily, up from the No. 9 position last year. Respondents in Atlanta are No. 1.
- **CAFFEINE ADDICTED** – Tied with Chicago, respondents in Tampa ranked No. 1 in saying they are least likely to be addicted to caffeine. Seattle residents are most likely to say they are addicted to caffeine.