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## **HealthSaver 2008 Caffeinated Cities Survey**

### Washington, D.C.

- **NINTH LEAST CAFFEINATED** — For the second consecutive year, Washington, D.C., ranked as the ninth least caffeinated city, compared to 19 other major American cities, in terms of the amount of caffeine consumed. The top 10 most/least caffeinated cities of 2008 are:

#### **Most Caffeinated Cities:**

1. Tampa
2. Seattle
3. Chicago
4. New York
5. Los Angeles

#### **Least Caffeinated Cities:**

1. Riverside/San Bernardino
2. Atlanta
3. San Diego
4. Minneapolis/St. Paul
5. Dallas

- **ENERGY DRINK CONSUMPTION** – Respondents in Washington, D.C., are the third least likely to report drinking energy drinks daily. Respondents in Atlanta are No. 1 for energy drink consumption.
- **PAIN RELIEVERS WITH CAFFEINE** – Washington, D.C., residents surveyed are No. 1 for least likely to take pain relievers that contain caffeine. Tampa is most likely to report doing this on a daily basis.